

EWI JANUARY CHAPTER MEETING

*Access Bank
Community Room
8712 West Dodge Rd
Omaha, NE*

Thursday, January 30, 2020

SPEAKER: Erin Sullivan, President, Ironhawk Juniors Triathlon Club

- 5:30 PM - Registration/Networking/Social Hour**
- 6:00 PM - Inspiration by Rachel Jesske**
- 6:05 PM - Dinner**
- 6:30 PM - Speaker, Erin Sullivan from Ironhawk Juniors Triathlon Club**
- 7:10 PM - Chapter Meeting**

We will be accepting monetary donations for their club if you wish to contribution

\$30.00 PER PERSON

RSVP by Monday, January 27, 2020 or ASAP

NAME: _____

FIRM: _____

GUEST(S): _____





INTRODUCING OUR JANUARY 22 SPEAKER -

Erin Sullivan, President
Ironhawk Juniors Triathlon Club
Moving young people. Changing lives.
<https://ironhawkjuniors.org/>



Erin is a longtime participant of the swimming, biking and running community in Omaha. She is a U.S. Masters swim coach, a race director, an inductee in the Omaha Running Club and Corporate Cup Halls of Fame. She has competed in many swim meets, running races and triathlons. Erin's passion is to mentor individuals who do not think that they have the means or the ability to become active. Her hope is to build confidence and help others accomplish what may seem as insurmountable goals that will lead to a lifetime of motion and friendships. Please welcome Erin and listen to her talk about all she does to build stronger, more confident, empowered youth in our community!

For more information about the organization:

Ironhawk Juniors Triathlon Club is a non-profit, 501(c)(3) as of August 2018. This organization started in January 2018 and began as a “dream” project for a few of the founders – Get girls active, build their confidence and train them on how to complete a triathlon. This group was formed and is led by Brad Hildebrandt and Erin Sullivan. This dream was designed to be a free training AND USA Triathlon sanctioned competition to any and all girls ages 8-14. This not only meant no registration fee, but if a young girl did not have the equipment necessary to complete a triathlon (bike, helmet, shoes, swim suit, etc), IHJ would provide this at NO cost to the girl. Beyond the equipment is the skill sets needed to complete a triathlon, so if a girl did not know how to ride a bike or swim, we would teach her. The ball started rolling from this idea and in 2018, with the hope of getting 50 girls to participate, more than 200 signed up. As you can imagine, this was a great problem to have.

In 2019, more than 300 girls signed up. IHJ had enough sponsorship dollars (all by word of mouth) to purchase all equipment needed as brand new equipment.

Website: www.ironhawkjuniors.org

DIRECTIONS FOR ACCESS BANK: Park in the lot on the north side of the building and use the main entrance doors. The Community Room is on the second floor.